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Item	Price	Calories per serving	Contains Allergens	May Contain Allergens	Other Properties
Wk 1 Mon					
Loaded Wedges with Cheese, Bacon & Salsa - 1 Serving		344Kcal	 MILK		
Slow Cooked Beef Chilli Macaroni Melt - 1 Serving		527Kcal	 WHEAT	 MUSTARD  SOYA	
Toasted Cheesy Garlic Chicken Wrap - 1 Serving		425Kcal	 WHEAT  EGGS  MILK		
Wk 1 Tue					
Hot Topped Nacho Pot with Salsa, Sour Cream & Cheese - 1 Serving		503Kcal	 MILK		 VEGETARIAN
Crispy Katsu Chicken Burger with Curried Mayo Slaw & Wedges - 1 Serving		557Kcal	 WHEAT  EGGS  CELERY	 SESAME	
Jamaican Beef Patty - 1 Serving		490Kcal	 WHEAT		 VEGETARIAN  VEGAN
Wk 1 Wed					
Smothered Roasties with Pulled Chicken & Gravy - 1 Serving		382Kcal			
Slow Roast Pork with Skin-On Roast Potatoes & Gravy - 1 Serving		393Kcal			
Marinated Roast Chicken with Skin-On Roast Potatoes & Gravy - 1 Serving		450Kcal			
Honey Roast Gammon with Skin-On Roast Potatoes & Gravy - 1 Serving		312Kcal	 MUSTARD		
Marinated Roast Quorn Fillet with Skin-On Roast Potatoes & Gravy - 1 Serving		254Kcal	 EGGS		 VEGETARIAN
Roast Pork & Stuffing Baguette - 1 Serving		433Kcal	 WHEAT	 BARLEY  SESAME	

Roast Chicken & Stuffing Baguette - 1 Serving	383Kcal	WHEAT	BARLEY	SESAME	VEGETARIAN VEGAN
Hot Roast Gammon Baguette - 1 Serving	368Kcal	WHEAT	BARLEY	SESAME	
Wk 1 Thur					
Hot Topped Nacho Pot with Salsa, Sour Cream & Cheese - 1 Serving	503Kcal	MILK			VEGETARIAN
Homemade Chicken & Leek Pie, mashed Potato & Gravy - 1 Serving	534Kcal	WHEAT SULPHITES	MILK		
Chargrilled Cheeseburger with Sauce Selection - 1 Serving	609Kcal	WHEAT CELERY	MILK SESAME		
Wk 1 Fri					
Hand Battered Fish And Chips - 1 Serving	502Kcal	WHEAT, BARLEY	FISH	SULPHITES	
Battered Fish with Chips - 1 Serving	388Kcal	WHEAT	FISH		
Loaded Pizza Fries - 1 Serving	422Kcal	MILK			
Wk 2 Mon					
Loaded Wedges with Cheese, Bacon & Salsa - 1 Serving	344Kcal	MILK			
Creamy Cajun Chicken Meatballs, Spaghetti & Garlic Slice - 1 Serving	544Kcal	WHEAT	MILK	MUSTARD SOYA	
Taco Beef Baked Burrito - 1 Serving	446Kcal	WHEAT	MILK		
Wk 2 Tue					
Hot Topped Nacho Pot with Salsa, Sour Cream & Cheese - 1 Serving	503Kcal	MILK			VEGETARIAN

Bangers with Bubble & Squeak & Onion Gravy - 1 Serving		593Kcal	 WHEAT  SOYA  MILK  SULPHITES		
		479Kcal	 WHEAT  MILK  SESAME		
Wk 2 Wed					
Smothered Roasties with Pulled Chicken & Gravy - 1 Serving		382Kcal			
Wk 2 Thur					
Hot Topped Nacho Pot with Salsa, Sour Cream & Cheese - 1 Serving		503Kcal	 MILK		 VEGETARIAN
Tex Mex Chicken & Jalapeno Cheese Sauce & Nacho Bake - 1 Serving		370Kcal	 WHEAT  MILK		
Salt & Pepper Chicken Flatbread with Chip Shop Curry Sauce - 1 Serving		269Kcal	 WHEAT  MILK  MUSTARD		
Wk 2 Fri					
Hand Battered Fish And Chips - 1 Serving		502Kcal	 WHEAT, BARLEY  FISH  SULPHITES		
Battered Fish with Chips - 1 Serving		388Kcal	 WHEAT  FISH		
Loaded Pizza Fries - 1 Serving		422Kcal	 MILK		
Wk 3 Mon					
Loaded Wedges with Cheese, Bacon & Salsa - 1 Serving		344Kcal	 MILK		
Singapore Black Pepper Chicken with Wok Fried Noodles - 1 Serving		622Kcal	 WHEAT  SESAME  SOYA		

Grilled Hunters BBQ Chicken Sub Roll - 1 Serving		383Kcal	   		
Wk 3 Tue					
Hot Topped Nacho Pot with Salsa, Sour Cream & Cheese - 1 Serving		503Kcal			
Cheesy Fajita Beef Pasta Bake - 1 Serving		654Kcal	 		
Portuguese Chicken Tasca Flatbread - 1 Serving		489Kcal	  		
Wk 3 Wed					
Smothered Roasties with Pulled Chicken & Gravy - 1 Serving		382Kcal			
Wk 3 Thur					
Hot Topped Nacho Pot with Salsa, Sour Cream & Cheese - 1 Serving		503Kcal			
Indian Mixed Grill - 1 Serving		368Kcal	 		 
Choripan with Chimmichurri Salsa - 1 Serving		524Kcal		   	
Wk 3 Fri					
Hand Battered Fish And Chips - 1 Serving		502Kcal	 		
Battered Fish with Chips - 1 Serving		388Kcal	 		
Loaded Pizza Fries - 1 Serving		422Kcal	